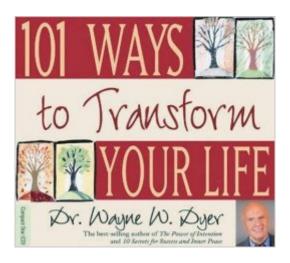
The book was found

101 Ways To Transform Your Life





Synopsis

Offers you 101 ways to make your life more fulfilling and enjoyable.

Book Information

Audio CD: 1 pages

Publisher: Hay House; Abridged edition (April 1, 2004)

Language: English

ISBN-10: 140190453X

ISBN-13: 978-1401904531

Product Dimensions: 6 x 0.5 x 5.2 inches

Shipping Weight: 0.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars Â See all reviews (87 customer reviews)

Best Sellers Rank: #49,260 in Books (See Top 100 in Books) #18 in Books > Books on CD >

Health, Mind & Body > Relaxation & Meditation #20 in Books > Books on CD > Health, Mind &

Body > Meditation #40 in Books > Books on CD > General

Customer Reviews

Dr Dyer has given us a very simple way to truly transform our lives. I know that I listened to this CD for a solid month and the universe changed around me. I found a very lucrative job, a way to financial peace and a way of life that brings me great joy and peace. It is a priceless recording that will, if you listen and change the way you think, transform your life into a beautiful journey.

NAMASTE

I came across this CD at wholefoods supermarket by accident. I took it home listenedto it and was very pleased. There was a lot of knowledge and wisdomfrom his many books and tapes and was put together in 101 ways totransform your life. Aside, from the excellent content it is nice tobe use as a meditation tape. I put it on and go to sleep and alwaysawaken refreshed and positive. I gave it to my adult son who isgoing through challenges with his wife and family and he said hedid feel peaceful after listing to this tape. After listening to itagain, I decided that if a person is not into positive thinking or metaphysicalthinking then this is not the first tape I would recommend. I think itdepends on the person but I would not recommend it to someone whohas never read or listened to self help material as the first tape. This is a great CD. I highly recommend it. F.J.

I absolutely LOVE this audio book. Dr. Wayne Dyer's voice is very soothing and he makes his

message simple to relate to and undestand. I listen to this book when I go to sleep at night; It helped me greatly when I was recovering from depression and I still listen to it regularly now. The suggestions are very simple and help put daily challenges in a perspective that them makes them manageable. He also mentions how God has a plan and how He is part of us. This audio book is a must, especially for such a cheap price - just skip your daily latte once, this is well worth it.

I've been playing this CD in my car and listing to bits at a time. Some of the ideas are repeated, but this is good to help one to remember what was said. Very helpful on the way to work to give me a better attitude about facing the day. If you really don't have the cash for this, I'm thinking there's probably a used book somewhere. Even if you only listen/read this once, it can give you some new perspective on your life and the people in it.xox

This review is a heads up to people who have "been on the spiritual path" (so to speak) for awhile. Although I enjoy much of Dyer's work, this CD was a disappointment. Maybe I've been studying spirituality and metaphysics too long at this point, but it felt like going back to spiritual grade school. Still, I would not give it 3 stars based on only that. This CD lacked editing. Of the 101 things, I would say 40-50% were basically repetition of the same concepts, with very slightly different wording over and over. And number 86 (I think it was), was an EXACT repetition, word for word - an error that could have been easily caught. Other than that, I was surprised how "religous" his statements came across, with undertones of shaming and lessons geared toward biblical commandments. Not to put that down (every teaching is valuable to a certain group of students), but to let you know in case it's not what you are looking for.

At first I was disappointed in receiving the CD version. I had intended to order the book. However, upon opening and using it and listening to Wayne Dyer's mellow voice, I was very favorably impressed. Though most of the suggestions listed were things I already knew, or had been told, I was audibly reminded of their importance by a man whose opinion I have come to value. I am now consdering purchasing the book, also, so that I have visual access to a particular listing that seems to fit a particular situation. This will make an excellent gift for a college graduate, in my opinion. Elaine Roush, OHIO

I love Dr. Wayne, and I have dozens of his books, cd's, and dvd's. This is a great doorway into a deeper spirituality. It's a nice mellow audio de-stressor. I think that in the day to day stresses of life,

we sometimes forget what is REALLY important. It's nice to have some nice reminders so we can view our lives with fresh eyes. If you're having a bad day or going through a hard time, this cd is perfect. It's my favorite Dr. Wayne to give as a gift. I have given 4 of these away as gifts. Since it's not a story, but it's in a gentle list format, you can stop it at any time and come back to it later. Even if you're only passing through, and you catch 5 minutes of it, it will leave you with a little seed of deep thought.

I think this is a fantastic, life changing CD, for a person who wants to feel better about him/herself and interact with others without friction. I keep in in the CD player in my car and listen to it frequently when I commute or just travel around. Highly recommend it for anyone who wants to be happier and worry free. (bought 5 copies for my family)

Download to continue reading...

101 Ways to Transform Your Life Spartan Fit!: 30 Days. Transform Your Mind. Transform Your Body. Commit to Grit. 101 Ways to Amaze & Entertain: Amazing Magic & Hilarious Jokes to Try on Your Friends & Family (101 Things) 101 Facts... Stan Lee: 101 Facts About Stan Lee You Probably Never Knew (facts 101 Book 7) Interviewing: BONUS INCLUDED! 37 Ways to Have Unstoppable Confidence in Your Interview! (BONUS INCLUDED! 37 Ways to Have Unstoppable Confidence in Your Interview! GET THE JOB YOU DESERVE!) (Volume 1) Capture Your Style: Transform Your Instagram Images, Showcase Your Life, and Build the Ultimate Platform Finding Your Element: How to Discover Your Talents and Passions and Transform Your Life Soupelina's Soup Cleanse: Plant-Based Soups and Broths to Heal Your Body, Calm Your Mind, and Transform Your Life The 22-Day Revolution: The Plant-Based Program That Will Transform Your Body, Reset Your Habits, and Change Your Life The Power of 4: Your Ultimate Guide Guaranteed to Change Your Body and Transform Your Life Journey Into Power: How to Sculpt your Ideal Body, Free your True Self, and Transform your life with Baptiste Power Vinyasa Yoga Meditations to Change Your Brain: Rewire Your Neural Pathways to Transform Your Life Generation T: 108 Ways to Transform a T-Shirt Your Playlist Can Change Your Life: 10 Proven Ways Your Favorite Music Can Revolutionize Your Health, Memory, Organization, Alertness and More Be the Pack Leader: Use Cesar's Way to Transform Your Dog . . . and Your Life Neurosculpting: A Step-by-Step Program to Change Your Brain and Transform Your Life Z.B.A.: Zen of Business Administration - How Zen Practice Can Transform Your Work And Your Life The Emotionally Healthy Leader: How Transforming Your Inner Life Will Deeply Transform Your Church, Team, and the World 101 Ways to Reach Your Community (Designed for Influence Series) 101 Ways to Tees Your Tots (Leisure Arts #4302)

